

CLASSIC MASSAGE

Classic massage belongs to the oldest ways of performing a massage. Pressing on the soft parts of the body brings deep relaxation, relieves fatigue, strain, muscle spasms, restores mobility of stiff and painful muscles.

BACK	20 min	25 €
BACK + LEGS	30 min	35 €
WHOLE BODY	60 min	60 €
CHILDREN'S MASSAGE	20 min	25 €



RELAXING AROMATHERAPY MASSAGE + WRAP

Relaxing Aromatic Massage is calming massage using relaxing oils. Accompanied by pleasant music it releases your body and mind and you will feel like a newborn.

BACK + NECK	30 min	40 €
WHOLE BODY	60 min	60 €



SPORTS MASSAGE

Sports massage is a type of classical massage, which was specially designed for athletes or for those who do demanding physical performances. This type of massage is performed at a higher pace with greater intensity.

WHOLE BODY	40 min	40 €
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INDIAN MASSAGE „ANTISTRESS“

Indian anti-stress head massage relieves tension and stress, which is a part of our lives. It has beneficial effects against fatigue, insomnia, and also supports the growth and quality of hair.

HEAD MASSAGE	20 min	25 €
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HAWAIIAN MASSAGE „LOMI LOMI“

Hawaiian massage leads to the harmonization of body and soul. It stimulates blood circulation and the lymphatic system, detoxifies and eliminates pain, fatigue and stress.

BACK	30 min	35 €
WHOLE BODY	60 min	60 €



PEELING MASSAGE „REBIRTH“

Peeling massage cleans and regenerates the skin, relieves stress and tension, harmonises the mental and hormonal system and counteracts depression. It brings a feeling of purity and serenity, reduces the symptoms of certain types of dermatitis.

WHOLE BODY + WRAP	60 min	70 €
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MYOFASCIAL MASSAGE

Myofascial massage is a therapeutic technique aimed at relaxing the connective tissue surrounding the muscles. It helps relieve muscle tension, improves flexibility and supports the body's natural movement. This massage is especially suitable for people with chronic pain, athletes and those who want to improve their mobility.

BACK + NECK	30 min	40 €
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BANKING

Traditional massage technique in which glass or silicone flasks are attached to the skin to create a vacuum. This process improves blood circulation, relieves muscle tension and helps the body get rid of toxins. Banking is ideal for relieving muscle pain, stimulating recovery and promoting overall relaxation.

BANKING	45 min	50 €
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COMBINATION MASSAGE

The combined massage with lava stones and wraps brings intense relaxation, during which the heat from the heated stones is transferred deep into the muscles and relieves tension.

WHOLE BODY	60 min	70 €
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REFLEX MASSAGE OF THE FEET

A relaxation technique that uses pressure on specific points on the feet associated with various organs and body systems.

FEET	30 min	40 €
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